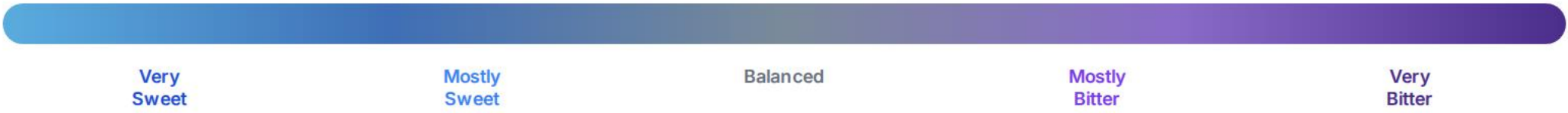


SWEET VS BITTER BALANCE SHEET

How balanced is your melody's emotional weight? Reference ratios for common song sections + self-assessment grid

THE EMOTIONAL SPECTRUM — WHERE DOES YOUR MELODY LAND?



REFERENCE ZONE DISTRIBUTIONS — BY SONG SECTION

SECTION	ZONE DISTRIBUTION	VISUAL	EMOTIONAL GOAL
Verse	50% Sweet · 30% Tense 15% Float · 5% Bitter		Openness and forward motion — not fully resolved
Pre-Chorus	35% Sweet · 35% Tense 20% Float · 10% Bitter		Rising tension — building expectation before the drop
Chorus (Hook)	60% Sweet · 25% Tense 10% Float · 5% Bitter		Maximum arrival — warm, confident, memorable
Bridge	20% Sweet · 25% Tense 30% Float · 25% Bitter		Maximum contrast — explore dark/floating territory
Outro	70% Sweet · 20% Tense 10% Float · 0% Bitter		Resolution and peace — the song is landing, let it land

ANALYZE YOUR PHRASE — MARK EACH NOTE'S ZONE BELOW

NOTE 1

NOTE 2

NOTE 3

NOTE 4

NOTE 5

NOTE 6

NOTE 7

NOTE 8

Zone 1 Sweet

Count →

Zone 2 Tense

Count →

Zone 3 Float

Count →

Zone 4 Bitter

Count →